Girls Game Timing Instructions

Each team is allowed one, 2 minute time out per game.

1. Start the clock on time whether the teams are ready or not. The games must start and end on time regardless of score so the next game can start on time.
2. Run a straight, non-stop for anything (except time outs) 20 minute half.
3. Take 5 minutes for half time
4. Second half starts at 25 minutes past the hour if there were no time outs. They will start later if there were time outs, but no later than 1/2 past the hour. This is also a straight 20 minute running half.

This adds up to 49 minutes.

No matter what the game should end at 10 minutes prior to the next game so that the teams have time to get to their next game and the umpires have time to check sticks and hold the captains meeting before the start of the next game.

The timekeepers must let umpire on the field when there are 2 minutes, 1 minute and thirty seconds left in the halves and the Umpire will convey that information to the players.   The timekeepers should also call out the last ten seconds from the sideline and the game ends at zero on the umpire's whistle.

When time is out it is out.

Coaches allowed on field at U11 —U13 and above, coaches stay in coach's area.

Boys Game Timing Instructions

Each team is allowed one, 1 minute time out per half.

1. Start the clock on time whether the teams are ready or not. The games must start and end on time regardless of score so the next game can start on time. All games will end on their scheduled time regardless of the amount of time played 10 minutes prior to the start of the next game.
2. 4 - 10 minute running quarters(no clock stoppage except for time-outs)
3. Take 3 minutes for halftime.

This adds up to 47 minutes.

No matter what the game should end at 10 minutes prior to the next game so that the teams have time to get to their next game and the umpires have time to check sticks and hold the captains meeting before the start of the next game.

The timekeepers must let umpire on the field when there are 2 minutes, 1 minute and thirty seconds left in the quarter and the Umpire will convey that information to the players. The timekeepers should also call out the last ten seconds from the sideline and the game ends at zero on the umpire's whistle.

When time is out it is out.

Coaches allowed on field at U9 and U11 only—U13 and above, coaches stay in coach's area.

Overtime: Only **post season games** will go into overtime. Overtime will use the "sudden victory" procedures as outlined in the Official Rules for Men's Lacrosse.